

## Student's Goal Setting Form

**Student's Name:**Click here to enter text. **Today's Date:**Click here to enter a date. **ABLE Site:**Click here to enter text.

**Long-Range Goal: (1 to 5 years):**Click here to enter text.

### Student Barriers:

1.Click here to enter text.

2.Click here to enter text.

### Student Support:

1. Click here to enter text.

2.Click here to enter text.

**Primary Goal: (able to be met in a program year)** Click here to enter text.

*Check the core performance indicator from the list below that best describes your primary goal:*

GED      Educational Gains      Enter/Retain Employment      Post-secondary Education or Training

**Secondary Goal:**Click here to enter text.

**Short term Goal: (1-3 months):**Click here to enter text.

### **Long range goal:**

- 1. What do you want to do, have, or be in the next 1 to 5 years? Record this as your long range goal.**
- 2. This goal provides you with a target to aim toward and may be somewhat general and flexible because it is distant.**
- 3. It will help you develop more specific short term goals.**

### **Barriers/Support:**

- 1. What obstacles might be in the way and how can I deal with them? List personal issues or life situations that may keep you from achieving your goal. Now list all the resources (people or things that could help you overcome these obstacles).**

### **Primary goal:**

- 1. This goal states your main reason for attending the program. It is what you want to achieve this year**
- 2. The program will track your progress and achievement by this goal.**
- 3. This goal should fit into the long range goal and the programs goal.**

### **Secondary goal:**

- 1. Optional goal that fits into or is an outcome of your primary goal.**

### **Short term goal:**

- 1. This is your strategy or how you will achieve your primary goal and serves as steps toward the primary and long range goals you set.**
- 2. These are the most modifiable and will include the skills, knowledge, or training that you will need to achieve your primary goal.**